

Wellstar Hand Hygiene Validation Training

Validation Training for:

- New hire team members
- New hire providers
- Agency / Contracted team members
- Students
- Volunteers
- and much more!



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Objectives for staff performing soap and water and hand sanitizer competency validation

- To observe individual performing the correct method and time requirements when performing soap and water hand hygiene and using hand sanitizer.
- Assess individual's knowledge on how long to rub hands together when using soap before rinsing and what parts of the hands must be rubbed during the process and what minimum time required to rub hands together.
- Assess individual's knowledge on how long to rub hands when using hand sanitizer product, what parts of hands must be rubbed during the process and what minimum time required to rub hands together until hands are dry.
- Assess if individual completes cleansing hands with soap and water and hand sanitizer correctly.

Note: Rubbing your hands can occur in any order to cleanse all surfaces of your hands, fingers, thumb, and nails during hand washing process.



Time to complete process: 40-60 seconds

 1 Turn on Water	 2 Wet hands and apply soap to hands	 3 Rub hands together covering all areas of hands for 20 seconds
 4 Rub between fingers	 5 Rub palms together and back of hands	 6 Rub fingers and nails together
 7 Rub each thumb	 8 Rinse and dry hands	 9 Turn off water with paper towel

NOTE: Rubbing can occur in any order to cleanse all surfaces of hands, fingers, and thumb during hand washing process.

While observing...

Did the individual rub all areas of hands for a minimum of 20 seconds with soap?



Turn off the sink (if manual) using a paper towel?



How to use Hand Sanitizer to disinfect your hands

When cleansing hands with a hand sanitizer:

- ✓ Apply the product to the palm of your hand. 
- ✓ Rub your hands together. **15 second rub**
- ✓ Rub the product over all surfaces of your hands and fingers until your hands dry.
- ✓ Use enough product to cover all surfaces of your hands and fingers.

Soap and Water / Alcohol Sanitizer Hand Hygiene Competency Form to Use



		Hand Hygiene Training and Observation Competency (soap and water & alcohol sanitizer)	
		Validation Method: Observation of technique and minimum time required (20 seconds of hand rubbing with soap) (15 seconds of hand rubbing with alcohol sanitizer) Observation Focus: soap and water and alcohol sanitizer hand hygiene Review Period: Upon hire and PRN if retraining indicated	
Employee Name:		Employee Number:	
Job Title:		Date of competency:	
Return Demonstration required Refer to IP-02 Policy Job Aid 1 on Policy Tech for visual aid as needed			
Observation Criteria for soap and water hand hygiene			Performed
Perform hand hygiene using <u>soap and water</u> (rubbing hands with soap a minimum of 20 seconds).			
Perform hand hygiene using <u>alcohol sanitizer</u> (rubbing hands together with sanitizer for a minimum of 15 seconds.)			
a. Team member turns on water faucet in sink			☐ Yes ☐ No
b. Team member wets hands with water			☐ Yes ☐ No
c. Team member applies soap to hands			☐ Yes ☐ No
d. Rub the entire hand with soap for 20 seconds - Rub between fingers, palm of hands, back of hands, fingers, nails and thumbs			☐ Yes ☐ No
e. Rinse hands in running water from the wrists down to fingertips			☐ Yes ☐ No
f. Dry hands with paper towel(s)			☐ Yes ☐ No
g. Turn off water with paper towel(s) if manual faucet and discard paper towel into trash can			☐ Yes ☐ No
Observation Criteria for alcohol hand hygiene			Performed
1. Applies hand hygiene gel/foam into palm of hand			☐ Yes ☐ No
2. Rubs hands together a minimum of 15 seconds covering palms, front and back of hands, fingers, fingernails, and thumbs until all areas of hands are covered in sanitizer			☐ Yes ☐ No
3. Hands are rubbed until dry			☐ Yes ☐ No
Competency Findings:			
☐ PASS: Soap and water hand hygiene completed accurately. Hands rubbed a minimum of 20 seconds with soap ☐ PASS: Alcohol hand hygiene completed accurately. Hands rubbed a minimum of 15 seconds with alcohol sanitizer ☐ ACTION PLAN: Hand hygiene using soap and water retraining required before retest ☐ Technique retraining needed as not all parts of the hands were rubbed with soap ☐ Did not meet 20 second minimum of rubbing hands together with soap ☐ If faucet is manual, did not turn off sink with paper towel ☐ ACTION PLAN: Hand hygiene using alcohol sanitizer retraining required before retest ☐ Technique retraining needed as not all parts of the hands were rubbed with alcohol sanitizer ☐ Did not meet 15 second minimum of rubbing hands together with alcohol sanitizer			
Observer name: _____		EID: _____ Date: _____	
Team member name: _____		Date: _____	

Common Questions and Answers

Where are Hand Hygiene Competency Forms to be stored after completion?

Contact your supervisor regarding where competencies will be stored for the completed hand hygiene competency forms for future reference by Wellstar performance improvement, regulatory and non-regulatory bodies review.



Next

Where are blank hand hygiene competency forms located?

Check with your supervisor regarding how to get access to copies of blank hand hygiene competency forms.



Next

What if the individual did not pass the competency yet?

If the individual does not pass the hand washing and/or the hand sanitizer competency yet, educate the individual on how to perform the correct technique and perform the competency again until the individual passes.



Next

What supplies are needed to perform the hand hygiene competencies?

Access to soap, water, sink and paper towels.

Access to hand sanitizer dispenser with hand sanitizer.

Next

Do I need to time the individual to ensure he or she meets the time requirements?

Yes... please use a watch or clock to time the individual.



Soap at least **20** second rub.

Hand sanitizer - at least **15** seconds rub and until hands are dry.

Next

Attestation for Completing Education



By completing this education, you are acknowledging that you have read, understand, and will comply with the information and expectations for performing hand hygiene appropriately when indicated.

Please click **Completed** to finish and exit the course.

Completed



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