

Med name Generic (brand)	Med purpose	Possible side effects
Antacids ☐ Pantoprazole (Protonix) ☐ _____	Heartburn 	• Headache • Upset stomach
Nausea ☐ Ondansetron (Zofran) ¹ ☐ Prochlorperazine (Compazine) ² ☐ Metoclopramide (Reglan) ³ ☐ Trimethoprim-sulfamethoxazole (Tigan) ⁴	Nausea 	• Headache^{1,4} • Dizziness/lightheadedness^{1,3,4} • Constipation¹ • Confusion^{3,4} • Weakness/tiredness^{2,3,4} • Jerky/uncontrolled movements^{2,3,4} • Weight gain²
Blood thinners ☐ Heparin ¹ ☐ Enoxaparin (Lovenox) ☐ Aspirin ² ☐ Apixaban (Eliquis) ³ ☐ Warfarin (Coumadin) ⁴ ☐ Dabigatran (Pradaxa) ⁵ ☐ Rivaroxaban (Xarelto) ⁶ ☐ Clopidogrel (Plavix) ⁷ ☐ Ticagrelor (Brilinta) ⁸	Prevent blood clots 	• Injection site irritation¹ • Unexpected bruising or bleeding^{1,3,4,5,6} • Upset stomach^{2,8} • Diarrhea^{2,7} • Shortness of breath⁸ • Dizziness⁸ • Skin rash⁷ • Itchiness⁷ • Headache⁷ • Confusion⁷
Inhalers ☐ Budesonide-formoterol fumarate (Symbicort) ¹ ☐ Ipratropium-albuterol (DuoNeb) ² ☐ Albuterol (ProAir HFA) ³ ☐ _____	Improve lung function 	• Headache • Upset stomach¹ • Nose or throat irritation^{1,2} • Shakiness² • Fast heart beat³
Muscle relaxers ☐ Methocarbamol (Robaxin) ☐ Cyclobenzaprine (Flexeril) ☐ _____	Muscle spasms 	• Confusion. • Dizziness/lightheadedness. • Decreased strength/energy.

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Insulin ☐ Insulin Lispro (Humalog) ☐ Insulin Glargine (Lantus) ☐ Insulin NPH (Humulin) ☐ _____	Manage blood sugar 	• Weight gain • Injection site irritation • Low blood sugar symptoms (dizziness, shaking, sweating, confusion).
Statins ☐ Atorvastatin (Lipitor) ☐ Pravastatin (Pravachol) ☐ Rosuvastatin (Crestor) ☐ _____	Decrease cholesterol 	• Muscle or joints aches, pains, weakness. • Diarrhea.

Notes:

To help you learn we may ask you to explain your medication information back to us a few different times during your stay.

If you have any questions, please ask your care team.

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This handout does not take the place of a discussion with your health care team. Discuss any questions or concerns with your health care team.

Approved for distribution by System Patient Education Council.

New medication

What you need to know

Adult heart care



During your stay we may give you some new medications. It is important that you understand why you are taking these medications and understand some of the most common side effects.

By understanding these potential side effects, you can communicate more clearly with the care team, so we can keep you comfortable and safe.

You may or may not go home on these new medications. Please refer to your discharge paperwork for this list.

After you leave the hospital, you may get a survey via mail or e-mail from a company called Press Ganey. Please let us know how we did on your new medication education.

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Narcotics ☐ Oxycodone (Roxicodone) ☐ Morphine ☐ Hydrocodone-Acetaminophen (Norco) ☐ Hydromorphone (Dilaudid) ¹ ☐ Tramadol (Ultram) ² ☐ _____	Moderate to severe pain 	• Slow/shallow breathing • Dizziness/lightheadedness • Constipation • Nausea/upset stomach • Dry mouth^{1,2} • Tiredness^{1,2}
Pulmonary hypertension ☐ Sildenafil (Revatio) ¹ ☐ Epoprostenol (Veletri) ² ☐ Treprostinil (Remodulin) ³ ☐ Treprostinil (Tyvaso) ⁴ ☐ _____	Improve breathing and tiredness  	• Headache • Upset stomach • Heartburn¹ • Changes to eyesight¹ • Muscle pain² • Increased heart beat² • Diarrhea^{2,3,4} • Flushing^{1,3,4}
Antianginals ☐ Isosorbide Mononitrate (Imdur) ¹ ☐ Isosorbide Dinitrate (Isordil) ² ☐ Nitroglycerin ³ ☐ Ranolazine (Ranexa) ⁴	Decrease chest pain 	• Dizziness • Headache • Anxiety¹ • Drowsiness/tiredness¹ • Nausea/vomiting² • Skin irritation (Paste)³ • Mouth tingling (Oral)³ • Slow heart rate⁴
Diuretics ☐ Torsemide (Demadex) ☐ Furosemide (Lasix) ☐ Bumetanide (Bumex) ☐ Metolazone (Zaroxolyn) ☐ Spironolactone (Aldactone)	Remove extra fluid 	• Frequent urination • Dizziness/lightheaded • Stomach cramps
Urinary system medications ☐ Tamsulosin (Flomax) ☐ _____	Improve urine flow 	• Headache • Dizziness • Diarrhea • Runny nose

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Antiarrhythmics ☐ Lidocaine (Xylocaine) ¹ ☐ Amiodarone (Pacerone) ² ☐ Digoxin (Lanoxin) ³ ☐ Dofetilide (Tikosyn) ⁴ ☐ Sotalol (Betapace) ⁵ ☐ Mexiletine (Mexitol) ⁶ ☐ Flecainide (Tambocor) ⁷ ☐ Diltiazem (Cardizem) ⁸ ☐ _____	Treat or prevent irregular heart beats 	• Nausea/upset stomach • Low blood pressure¹ • Inflammation of/ colored spots on eyes² • Low/abnormal heart rate^{1,3} • Diarrhea³ • Headache⁴ • Dizziness/Light-headedness^{4,5,6,7,8} • Heavy breathing⁴ • Tiredness⁵ • Shakiness⁶ • Blurred vision/seeing spots⁷ • Swelling of hands, legs, or feet⁸ • Constipation⁸
Stool softeners/laxatives: ☐ Sennosides-docusate (PeriColace) ☐ Polyethylene glycol (MiraLax) ☐ Bisacodyl (Dulcolax) ☐ _____	Prevent constipation and soften stool 	• Stomach cramps • Diarrhea • Nausea
Supplements ☐ Potassium Chloride ¹ ☐ Magnesium Sulfate ² ☐ Ferrous Sulfate ☐ _____	Fix imbalances replace low levels 	• Abdominal discomfort • Leg & body swelling¹ • Chest pain¹ • Nausea and vomiting^{1,3} • Diarrhea^{2,3} • Dark stools³
Anti-anxiety ☐ Lorazepam (Ativan) ³ ☐ Buspirone (BuSpar) ⁴ ☐ Hydroxyzine (Atarax) ⁵ ☐ Alprazolam (Xanax) ⁴ ☐ _____	Alleviate symptoms of depression/anxiety 	• Tiredness • Dizziness/lightheadedness • Memory impairment^{1,4} • Upset stomach² • Headache^{2,3} • Dry mouth³ • Irregular, fast or slow heart rate³ • Skin irritation³

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Sleep aids ☐ Trazadone (Desyrel) ☐ Melatonin ☐ _____	Improve sleep 	• Headache • Thoughts of self harm • Fast heart rate/restlessness • Muscle twitching
Heart failure medications ☐ Valsartan (Diovan) ¹ ☐ Losartan (Cozaar) ² ☐ Sacubitril Valsartan (Entresto) ³ ☐ Milrinone (Primacor) ⁴ ☐ Dapagliflozin (Farxiga) ⁵ ☐ Empagliflozin (Jardiance) ⁶ ☐ _____	Strengthens heart and makes it pump easier 	• Dry cough^{1,2} • Swelling of face/lips^{1,2} • Low blood pressure³ • Abnormal heart rhythm^{3,4} • Lightheaded/Dizziness^{3,4} • Genital itching/discomfort^{5,6} • Frequent urination^{5,6}
Blood pressure medications ☐ Metoprolol (Lopressor) ¹ ☐ Carvedilol (Coreg) ² ☐ Amlodipine (Norvasc) ³ ☐ Hydralazine (Apresoline) ⁴ ☐ Lisinopril (Zestril) ⁵ ☐ Labetalol ⁷ ☐ Midodrine (Orvaten) ⁶ ☐ _____	Decrease blood pressure 	• Lightheadedness/dizziness • Tiredness^{1,2,5,7} • Swelling of hands, legs, or feet³ • Constipation³ • Headache^{4,5} • Diarrhea⁴ • Upset stomach⁴ • Itching⁶ • Goosebumps/chill⁶ • Urinating more often⁶
Antibiotics ☐ Piperacillin-tazobactam (Zosyn) ¹ ☐ Ceftriaxone (Rocephin) ² ☐ Ampicillin-sulbactam (Unasyn) ☐ Cefazolin (Ancef) ☐ Doxycycline ☐ Cefepime (Maxipime) ☐ Vancomycin (Vancocin) ³ ☐ _____	Treat or prevent infection 	• Diarrhea. • Skin irritation/swelling/redness • Upset stomach • Constipation¹ • Trouble sleeping¹ • Headache¹ • Yeast infection^{1,2,4} • Itching^{2,4,5} • Increased risk of bleeding⁴ • Difficulty urinating/blood in urine³ • Muscle soreness³ • Chest pain³