

## Welcome to Unity Center for Behavioral Health



We are so grateful to be a part of your nursing career journey!

Unity Center for Behavioral Health is a 24-hour behavioral and mental health services center located in the greater Portland metropolitan area. We provide immediate psychiatric care and a path to stabilization and recovery for individuals experiencing a mental health crisis.

Unity Center is a partnership between four health care organizations (Adventist, Kaiser Permanente, Legacy and OHSU). The Unity Center jointly delivers excellence in patient care, teaching and discovery, creating a pathway to hope, community and recovery.

### Services:

- Care navigation
- Counseling and therapy
- Crisis counseling
- Crisis intervention
- Crisis stabilization
- Family support
- Inpatient care
- Medication management
- Nursing care
- Peer support
- Social work
- Spiritual care
- Substance use disorder services

### **Important numbers**

Main: 503-944-8000

House Supervisor: Day 971-221-8425; Night 971-219-3258

Security: 503-413-7911 or x37911

Your clinical instructor's contact information:

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### **Unit-specific Information**

My unit is: \_\_\_\_\_

The nursing station number is: \_\_\_\_\_

### **Parking**

There is only street parking for students. Downloading the Parking Kitty app prior to arrival will help save you time.

### **Learning**

You are here to learn, and we want to support you with this.

Please let the charge nurse and assigned RN know of your required assignments, ask questions, notify them of concerns, and be present each day.

Homework not directly related to this clinical rotation is not to be done during clinical time on the unit. If homework is related to this clinical, ask staff what times during the shift are best (so as not to miss groups or significant learning opportunities).

### **Safety**

Safety is a priority for everyone at Unity. There are many safety guidelines, and it will be important to follow these for *everyone* to stay safe.

This includes patients, staff, visitors, and community resources. If you have any safety concerns, please escalate to your assigned RN, clinical instructor, and charge nurse as appropriate.

Do not go anywhere alone without letting your assigned RN know, including breaks or helping a patient.

Maintain therapeutic boundaries and do not give out any personal information to patients.

In the event that a patient becomes agitated or aggressive on the unit, students are required to remain in the nurses' station and not engage with patient. Observation of intervention with debrief afterwards is ok.

### **Professional attire and appearance**

Your badge must be visible at all times.

Lanyards are a safety risk and should not be worn.

Appearance should be clean.

Clothing should be plain without potentially offensive language or images.

Please do not wear strong scents due to those with allergies (perfumes, colognes, lotions).

### **Expectations**

- Arrive on time.
- If you are sick or running late, we expect you to notify the unit.
- Check in with the charge nurse before the start of shift.
- Cohorted students should focus on how to perform and engage in therapeutic communication, nursing assessments, and treatment interventions as deemed appropriate.
- Do not perform an intervention without notifying your assigned RN.
- **Documentation and medication administration** may/may not be expected based on your nursing program's curriculum and/or Unity's policy or discretion. Your assigned RN or another staff member may ask you to not engage in an intervention based on policy or safety.
  - Co-signatures are required for documentation in EPIC, including Progress Notes and med administration in the MAR.
  - Nursing students must request cosign by the RN they are working with for all patient chart entries. *Please refer to **Student Cosign Documentation in EPIC Tips Sheet.***